

St. Augustine's Episcopal Church

CANTERBURY TALES

Vol. 6, Issue 8
Susan Yarborough, Editor

October 2010

November

- 2 Finance Comm. Mtg. 5:30PM**
- 4 St. Clare's Guild Noon
FPU 7PM**
- 5 50th Anniversary Dinner &
Dance**
- 8 Vestry Mtg. 6:30PM**
- 11 FPU 7PM**
- 16 Grillers & Chillers 6:30PM**
- 18 FPU 7PM**
- 21 St. Clare's Annual Bake Sale
50th Anniversary Choral
Service 4PM**
- 25-26 Thanksgiving Holiday
Parish office closed**

December

- 2 St. Clare's Guild Noon
FPU 7PM**
- 5 Annual Parish Meeting**
- 9 FPU 7PM**
- 15 Christmas Sing-a-long
6:30PM**
- 19 Children's Pageant
Advent 4 10:30AM**
- 21 Grillers & Chillers 6:30PM**
- 24 Christmas Eve Services TBA**
- 25 Christmas Day service
10:30AM**

January

- 1 New Year's Day
Parish office closed**
- 4 Finance Comm. Mtg. 5:30PM**
- 6 St. Clare's Guild**
- 13-15 Vestry Planning Conf.
Honey Creek**
- 18 Grillers & Chillers 6:30PM**

Keeping Holy Time: Morning and Evening, and Midday and Midnight

When you brush your teeth, which side do you brush first? When you put on your pants, which leg do you put on first? Which side of the bed do you sleep on?

Perhaps you had to stop and think about those questions for a moment before answering them. The daily routine is so ingrained in most of us, we don't even notice. It is instinctual, because we do it so regularly. That ritual, for ritual it is, becomes part of our very selves. By deliberately structuring the beginning and ending of our days, we cooperate with the rhythm of the world at the two daily transitions: morning and evening; sunrise and sunset.

The custom of offering prayer with the rising and setting of the sun is an ancient one, going back in the scriptural tradition at least as far as the Psalms. "Early in the morning I cry out to you, for in your word is my trust/My eyes are open in the night watches, that I may meditate upon your promise" (Ps. 119:147-48). Elsewhere in the same psalm, the writer declares "Seven times a day do I praise you" (119:164) from which the early monastic movement took its mandate for the seven daily prayer offices: Lauds and Matins around sunrise; the lesser offices of Terce (mid-morning), Sext (mid-day) and None (mid-afternoon) during the working hours of the day; the sunset service of Vespers; and finally Compline at bedtime. This was a complex network of prayer texts, Scripture readings and music, which made sense for professional pray-ers, such as monks and nuns, but was far more elaborate than the average person could manage.

The first *Book of Common Prayer* of 1549 provided a simplified order for Morning and Evening Prayer, gathering traditional materials from Lauds and Matins for the morning service, and likewise using the old Vespers and Compline services to create the evening rites. Over the centuries, and with various revisions of the English and American prayer books, these services frequently came to be used as the principal forms of Sunday worship, rather than a more common means of marking the beginning and ending of the of the day. (The terms *Matins* and *Evensong* [continued on p. 2]

are often used of Morning and Evening Prayer when they are sung, rather than simply read.) The 1979 Prayer Book provides a wide range of options for daily prayer. Morning and Evening Prayer appear both as Rite One and Rite Two, along with *An Order of Service for Noonday* (page 103), and a restored *Order For Compline* (page 127). These services are appropriate for both private prayer at home, or for a service of worship in church or another public setting.

The Prayer Book also includes brief forms of *Daily Devotions for Individuals and Families*. These short, simple services have the same basic shape as Morning and Evening Prayer, but are deliberately designed for individuals or small groups to use at home. There are forms for *In the Morning* (page 137), *At Noon* (page 138), *In the Early Evening* (around dinnertime, for instance, page 139) and *At the Close of Day* (page 140). None of these would take more than five minutes to read, and could be easily adapted for the person or group using them.

If it is not already your custom, then I invite you to consider making morning and evening prayer part of your daily routine. This does not have to be an elaborate or lengthy ritual event—in fact it should not be either of those things. (Remember the acronym KISS: Keep it simple, saints.) Such a practice may feel a bit awkward at first, if you're not in the habit. But do not despair—go on in courage. Let the ritual behavior become part of your very self, as normal and natural as breathing in and out. Or as the Episcopal bumper sticker puts it: Keep Prayer Common!

Jason+

CHRISTIAN EDUCATION

Children: Sundays, 9:30 AM,

In the Youth Room

Adults: Sundays, 9:30 AM, Parish Hall

PARISH BUSINESS

Church Elections



Annual Parish Meeting, Dec. 5

Part of the ministry of the laity is to participate in the life and governance of the church. The annual meeting provides one such opportunity, with vestry elections and reports on parish finances, milestones, and plans, Sunday, Dec. 5, in the parish hall right after the 10:30 service.

September Vestry Summary

The vestry met Sept. 13, welcomed Rev. Jason Haddox as our new priest-in-charge, and heard the following reports:

- The project to complete the lower lawn awaits receipt of design plans. Church architect Lowrey Stulb has agreed to serve on the committee to provide input regarding the original plans for the church.
- New kitchen flooring, a new ice maker, and a new refrigerator have been purchased (and installed).
- The organ has been repaired and the thermostat in the nave has been set to maintain a constant temperature at all times.
- The 2011 vestry planning conference will be held Jan. 13-15 at Honey Creek Conference Center.
- Outgoing vestry members Charlie Bragg, Mike Gaynor, Bill Macuch (Chair), and Lillian Thomas will be the nominating committee for nominations to the 2011 vestry.

The next vestry meeting will be Monday, October 11th, at 6:30 PM

Call for Vestry Nominations

Four new vestry persons will be elected at our annual parish meeting to be held Sunday, Dec. 5.

Service on the Vestry is a vocation to ministry in the parish life of St. Augustine's Church and not just an honor nor a political office. The vestry calls our priest, appoints our diocesan convention delegates, oversees our parish finances, buildings, and grounds, plans for our future, and helps to guide us in God's work.

Each member of the vestry must:

- Be at least 18 years of age at the time of the annual parish meeting.
- Be a member in good standing (defined as "faithful in corporate worship, unless for good cause prevented, and have been faithful in working, praying, and giving for the spread of the Kingdom of God") for the past 12 months and agree to serve in accordance with the By-Laws of the Parish.
- Be a pledging member of our parish and committed to the principle of, and working toward, tithing as the standard of Christian giving to God and his Church.
- Attend the annual vestry planning conference scheduled for January 13-15, 2011, at the Honey Creek Conference Center in Waverly, GA.
- Attend vestry meetings regularly. Three consecutive unexcused absences in any calendar year shall constitute an *ipso facto* resignation from the vestry.
- Attend and support parish functions and special events at St. Augustine's.
- Serve on committees and assist with the stewardship program.

The nominating committee invites any member of the congregation in good standing to recommend an individual to serve on the vestry. If you wish to nominate someone for election, please discuss it with them in advance and be sure he or she is willing to subscribe to the commitment and requirements.

Nomination forms are available from the church office and on the bulletin board in St. David's Hall. The nominee and nominator should both sign the form and **return the form** to the parish office or a member of the nominating committee no later than **Sunday, Nov. 7, 2009**.

If you have questions about vestry service and vestry nominations and elections, please contact any member of the nominating committee: Bill Macuch, Charlie Bragg, Mike Gaynor, or Lillian Thomas.

Election of new vestry members will be held at the annual parish meeting, **Sunday, Dec. 5**, following the 10:30 service.

Bill Macuch, Nominations Chair



WEDNESDAYS, 7 – 8:30 PM

Choir practice has been moved back to Wednesday nights. Bring your voice and enthusiasm to help our parish make a joyful noise unto the Lord. Contact Mrs. Glover, our music director: (706) 738-6676.

Convent Will Offer Safeguarding God's Children Course, Oct. 22

"Safeguarding God's Children" is a course geared to preventing and responding to child sexual abuse in everyday life and ministry. It is for clergy, employees of churches and church organizations, and volunteers responsible for planning, implementing, or supervising ministries, activities, or programs for children and youth. The course provides a basic understanding of the dynamics of child

sexual abuse, how to recognize signs that a child may have been abused, and what to do if you have concerns about a person's behavior toward a child or youth, or if you suspect that a child or youth has been molested. The course also teaches steps you can take to prevent child sexual abuse in church and other organizational settings.

In the Diocese of Georgia, all clergy, church employees, and volunteers who work with children and youth are required to take "Safeguarding God's Children" and then refresh their training every three years.

"Safeguarding God's Children" will be offered Friday, Oct. 22, 9 AM to 12 PM, at the Convent of Saint Helena, 3042 Eagle Drive, Augusta, GA. Participants are invited to stay for silent meditation from 12 to 12:20 PM, followed by lunch with the Sisters at 12:30 PM. There is no charge for the class or lunch, but freewill offerings are most welcome. For information or to sign up, contact Nancy Moak through the church office.



You don't want to miss the final two events in our year-long celebration:

Dinner Dance, Nov. 5, 7 PM

Get out those glad rags and dancing shoes and celebrate the 50th anniversary of the founding of St. Augustine's with dinner and dancing, Friday, Nov. 5, at 7 PM, at the Boat House Community Center, 101 River Front Drive, Augusta. Catered buffet, open bar, 50th anniversary ornaments, and dancing the night away to music by DJ Tom Mitchell of JTM Entertainment. Dress is semiformal. Tickets: \$35 per person. Sales begin Sunday, Oct. 3. For information, call Lillian Thomas, (706) 738-1440.

50th Anniversary Festival Service of Thanksgiving Sunday, Nov. 21, 4 PM

Our year of celebration draws to a close with a Festival Service of Thanksgiving on Sunday, November 21st at four o'clock in the afternoon. Please join us as we give thanks for the first fifty years of life together as the parish of St. Augustine of Canterbury. The service will be followed by a catered reception in the parish hall.

WORSHIP AND SPIRITUALITY

Calling All Saints!

On Sunday, November 7th, we will celebrate the feast of All Saints at St. Augustine's. As part of that celebration we will remember all our loved ones who have gone before us into "that multitude which none could number" (Rev. 9:7) by reading their names at the altar during the Eucharistic Prayer.

You are invited to submit names to the parish office (706-738-6676 or staec@knology.net) for inclusion in the All Saints' list. These do not have to be names of people who were members of St. Augustine's, or of people who died in the last calendar year—they can be names of anyone you wish to remember before God on this day.

We will also construct an All Souls altar for the parish. You are invited to bring framed photographs of loved ones and objects you associate with them—for instance, a hammer or screwdriver for one who enjoyed carpentry, a wooden spoon for a wonderful cook, or some small object that you associate with the person. We will arrange these on a large tiered table in St. David's Hall near the Memorial Garden windows, to further commemorate our "great cloud of witnesses." Please label the

pictures and objects with YOUR name, and bring them before the 10:30 service Nov. 7 so they can be arranged on the display.



Blessing of the Animals Saturday, Oct. 2, 10 AM

Fr. Haddox will bless our feathered, furred, scaled, and four-legged companions Saturday, Oct. 2, at 10 AM in the courtyard garden. If your pet or companion doesn't travel well, bring a photo. All are invited to this service celebrating God's love for the totality of His creation and the ties between humans and other living beings.

OCTOBER OUTREACH



IT'S SPOOKY TO BE HUNGRY!

From October 1st through 31st, St. Augustine's will be collecting donations of food and cash as part of *It's Spooky To Be Hungry*, a nationwide effort to fight hunger and build stronger communities originally founded in Augusta. In 2009, with the help of more than 400 CSRA neighborhoods, churches, schools, and businesses, *It's*

Spooky To Be Hungry gathered enough donations to provide 321,872 meals to needy seniors, children, and families.

In the CSRA, all of *It's Spooky To Be Hungry* proceeds go to Golden Harvest Food Bank. In 2009, Golden Harvest served more than 2.5 million people in Georgia and South Carolina through its Augusta food bank, associated food pantries, and on-site feeding programs like The Master's Table. The Master's Table provides a free, cooked meal to an average of 313 people a day, 365 days a year, right here in Augusta.

Two barrels will be placed outside the library in St. David's Hall. Please make donations of non-perishable, commercially prepared foods, especially canned fruits, canned vegetables, canned meats, and canned pasta. For information, contact Brenda Green through the church office. You can call *It's Spooky To Be Hungry* at (706) 736-1199 or go to their website at www.spookytobehungry.org.

PARISH LIFE

Yoga with Daphne Skipper

It's easy to forget that our relationship to God is one of body, mind, and spirit. We often neglect to consider the role that our bodies have in our service to God. Doing yoga can improve our awareness of this crucial connection.

Daphne Skipper, an experienced yoga instructor, will offer two yoga classes at St. Augustine's. The classes will meet on **Thursdays, starting Oct. 7. Cost: \$10 per class. Please bring: a yoga or Pilates mat, a beach towel, and water. Eat an early, light meal or plan to eat after class.** Yoga can be uncomfortable on a full stomach. The first Thursday of each month is "donation" day: the entire proceeds of the class will be divided between our parish and the Lake

Forest Hills Elementary School International Baccalaureate Endowment Fund.

10 AM Yoga Workout

The **Workout** class will practice traditional yoga postures to strengthen and stretch the body. Focus on breath and alignment will generate intensity and increase body awareness. This class is designed for people with yoga experience or for beginners who are already very physically active.

1:30 PM Gentle Stretch

The Gentle Stretch class includes gentle movement, stretching, and strengthening to open the joints and make the body more comfortable. Focus on breath and body awareness will leave you feeling both peaceful and energized. This class is great for beginners.



Welcome Fall with Oktoberfest Friday, Oct. 15, 6 PM

Celebrate the arrival of autumn German style with brats, German potato salad, and beer. We supply brats and salad, you bring a favorite dessert or beer to share. Chris of Phil Mangelly's Accordion-Dance Studio will be with us again. It's time to do the Chicken Dance! Sign up in St. David's Hall, so we'll have an accurate count for food preparation.

YOUTH OFFERINGS

Middle and high school youth, Sundays, 5-6:30 PM. Learning the Christian way with music, games, lock-ins, fellowship, and projects.



Thank You, from Fr. Peter

Dear Ones,

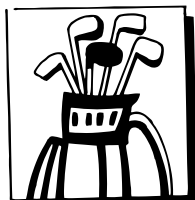
Thank you so very much for having me as your interim supply priest for the last eight months. It seems to us and maybe even to God herself that some good came of it all. I enjoyed my time with you as preacher and teacher. I also got some very good Chinese food, thanks to Gary Jones.

Just in case you aren't sure I appreciated your stupendous gift of a certificate to Woodcraft, maybe the following will convince you:

At 7:20 on Labor Day morning, I retrieved my plans for the Shaker sideboard I am working on, and made sure that they were in the car so I could get the parts I need to complete it. At 8 AM, I went on-line to look at the Atlanta store's specials. At 9 AM I called to make sure they were open. Yes, until 4 PM. At 10 AM, Debby and I took off for Atlanta and arrived at the store at 11:15. I spent 80 percent of your gift, and the picture of me and my toys is attached to this email. I splurged on a Festool jig saw and a Festool 18v driver. These are state of the art tools made by some relative of Ferdinand Porsche, I am sure. What is even cooler is that I narrowly avoided buying each of these tools in the past 90 days. I would not have

bought Festool; good quality, yes: Festool, NO. We got home at 1:30 and I got to pretend it was Christmas again. Thank you!

Under the mercy,
Peter Courtney+



Parish Golf Tournament: Oct. 23

Dust off those golf clubs and join us for St. Augustine's Annual Golf Tournament, Saturday, Oct. 23, at The Patch (Augusta Municipal Golf Course, 2023 Highland Avenue, Augusta). Bring a friend – male, female, duffer, experienced (not Tiger, please. Give us a chance), a team, or just yourself and join a team. It's a morning of fun to get to know each other (no serious conversations allowed) and raise a little money for church projects. Format: Captain's Choice. Green Fees & Cart: \$31. Registration: 8 AM. Questions: Call Ray Sigg, (706) 863-6411.



Foyer Groups = Food + Fellowship Starting Sunday, Oct. 24

Foyer groups are an opportunity to become better acquainted with fellow parishioners. If you are not participating, you are missing one of the most pleasant ways to enjoy fellowship with friends in the church.

Each person or couple is assigned to a small group – usually about 10 to 12 folks

total. Groups meet once a month in the home of each couple/person in turn, each bringing an agreed-upon item, with the host supplying the main entrée. You can meet any day of the week you wish. Meals are usually simple. Don't be reluctant if you feel your home is too small. You can choose to go to a restaurant (Dutch Treat) or meet in the parish hall. Group leaders coordinate who will be the host each month for their group.

Please join us in the parish hall, Sunday, Oct. 24, after the 10:30 service for a pot luck luncheon and formation of the groups. For info, call Judy Booth at (706) 738-4834.

Fr. Billy Alford to Be Honored

Fr. Billy Alford will be guest of honor at St. Alban's Church's 3rd annual appreciation luncheon Saturday, November 13, at 12 PM, at Ft. Gordon's Gordon Club. A wonderful opportunity to give thanks for Fr. Alford's kindness to our parish. Tickets: \$25. For tickets, see Lillian Thomas.



Goodies from St. Clare's Guild

Just in time for the holidays, an easy, tasty way to help others and get out of the kitchen sooner: Buy your holiday sweets at St. Clare's Guild's annual bake sale, Sunday, Nov. 21, after the 8 and 10:30 AM services. Mouth-watering cookies, cakes, pies, candies and jams, all homemade, well-priced, and ready to go, onto your table or into the freezer. Plus our lovely anniversary ornaments. Proceeds benefit our parish ministries and local charities.

**St. Augustine of Canterbury
Episcopal Church
3321 Wheeler Road
Augusta, GA 30909
(706) 738-6676**

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Permit #123

Return service requested

The Bulletin Board

Our Christian sympathy is extended to...Charlie and Kim Bragg, and Charles and Betty Williamson on the death of Charlie's mother, Mary Bragg Williamson.

Deadline to submit information for publication in the October newsletter is September 20, 2010.

Email Addresses for St. Augustine's

Nancy Moak nmm@knology.net

Carolyn Gaynor chg@knology.net

General staec@knology.net

Rev. Jason Haddox jmhaddox@knology.net

THE VESTRY

Senior Warden Gary Jones: **Junior Warden** Charlie Bragg,
Robert Fields, Mike Gaynor, Joyce Long, Bill Macuch,
Caitlin Martin, John Neal, Ray Sigg, Lillian Thomas, Robert Wideman